

### To Highland Drive Campus

(412-365-4900, 1-800-647-6220)

#### From Points South/West (Airport):

279 N (Parkway West) through Downtown, Fort Pitt Tunnels; Monroeville Exit onto 376 E; Oakland Exit (2A) onto Forbes Avenue. LEFT onto S Bellefield Ave. RIGHT onto Fifth. Fifth crosses Penn, Hamilton and Frankstown, then becomes Washington Blvd. Continue on Washington Blvd to Highland Drive. RIGHT on Highland to top of hill and the Highland Drive Campus. Proceed through checkpoint and present photo ID to guard.

#### From Points East:

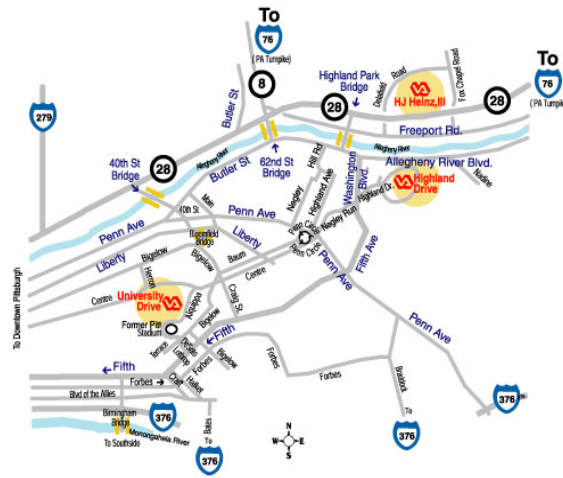
Take the Pennsylvania Turnpike to Exit 57 (old Exit 6), Pittsburgh-Monroeville. Take Interstate 376 west to the Boulevard of the Allies by following the sign that reads "I-579 Crosstown Boulevard." Follow the Boulevard of the Allies, RIGHT onto Seneca. RIGHT onto Forbes. LEFT onto Craig. RIGHT onto Fifth. Fifth crosses Penn, Hamilton and Frankstown, then becomes Washington Blvd. Continue on Washington Blvd to Highland Drive. RIGHT on Highland to top of hill and the Highland Drive Campus. Proceed through checkpoint and present photo ID to guard.

#### From Points North:

Take I-279 South, to the East Street Exit and follow the signs for Route 28 North. Take the Highland Park Bridge exit, cross the bridge. Take the second right exit off the bridge to Allegheny River Blvd. RIGHT onto Washington Blvd. Continue on Washington Blvd to Highland Drive. LEFT on Highland to top of hill and the Highland Drive Campus. Proceed through checkpoint and present photo ID to guard.

#### Planning Committee

Melissa McNeil, MD, MPH	Virginia Manning, RN, Nursing Education Coordinator
Rose Rohler, Program Support Assistant	Joan Zolko, CRNP, MSN
Jessica Steckler, MS, RNBC	Mary McDonough, MSW, LSW
Tim Garth, VISN 4 ESR	Carol Patterson, MS, RD, LDN, CNIS
Deborah Mitchum, MSN, CRNP	Melissa Crawford, Pharm D, BCPS, CDE
Emily Klaczak, Education Technician	



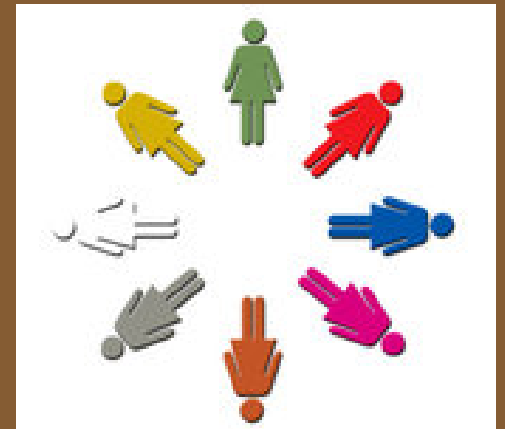
#### VA Pittsburgh Healthcare System

Healthy Women's Center  
University Drive C (I30-U HWC)  
Pittsburgh, PA 15204

Mary Giannotta, Secretary: 412-360-1854  
Nancy Michaels, Program Specialist: 412-360-3671  
Cecilia Pruszynski, Health Specialist: 412-360-3753  
Deborah Mitchum, Program Manager: 412-360-6289

## Women's Health Update Spring Conference

March 13, 2009  
7:30 am - 4 pm



VA Pittsburgh Healthcare System  
Highland Drive Campus  
7180 Highland Drive  
Pittsburgh, PA 15206  
Auditorium, Building 8  
Ample parking on site

### Continuing Education Credit

The VAPHS Women's Health Update will offer a total of 8 contact hours of continuing education in nursing and contact hours for pharmacists. The VAPHCS is accredited as a provider of continuing education by the American Nurses Credentialing Center's Commission on Accreditation.

### Objectives

- List treatment options for premenstrual symptoms
- Understand the indications for and use of hormone therapy in the care of male to female transgender care
- Understand the pharmacologic treatments available for the treatment of addiction
- Understand the many and varied roles that active duty women in the Persian Gulf play and the impact that these roles have on women in the military
- Discuss the demographic characteristics of women serving in the military and the profile of issues currently affecting re-turning women vets
- Understand the impact of and how to screen for MST
- Understand the impact of and how to screen for PTSD

The WAVES will be holding a bake sale during the conference to benefit indigent women Veterans. Be sure to stop by and see what tasty goodies you may enjoy.

## PROGRAM

Friday - March 13, 2009

7:30 am - 7:45 am Registration

7:45 am

Welcome and Introduction

Terry Gerigk Wolfe FACHE

8:00 am - 8:45 am

Pre-Menstrual Syndrome

Katherine McIntyre-Seltman, MD

8:45 - 9:30am

Transgender Reassignment

Joanne Suffoletto, MD

9:30 am - 10:15am

Pharmacological Management of Addiction

Elizabeth Hakas, MD

10:15 am - 10:30 am Break

10:30 am - 12:30 pm

"Lioness" A feature documentary.

Film viewing and presentation by film director, Meg McLagan and "Lioness" Ranie Ruthig.

12:30 pm - 1:15 pm

Luncheon

1:15 pm - 2:00 pm

Who Are Our Women Veterans?

Melissa McNeil, MD, MPH

2:00 pm - 2:45 pm

PTSD

Kate Chard, PhD

2:45 pm - 3:00 pm Break (provided)

3:00 pm - 3:45 pm

Military Sexual Trauma

Roksana Korchinsky, PhD

### Speakers

Terry Gerigk Wolf FACHE

Director, VA Pittsburgh Healthcare System

Katherine McIntyre-Seltman, MD

Magee Women's Hospital, Department of Obstetrics, Gynecology and Reproductive Sciences, Director, Gynecology, VAPHS

Joanne Suffoletto, MD

Staff Physician, Women's Health, VAPHS

Elizabeth Hakas, MD

Staff Physician, SAAT, VAPHS

Melissa McNeil, MD, MPH

Section Chief, Women's Health, Department of Medicine, University of Pittsburgh, Director, Women's Health, VAPHS

Kate Chard, PhD

Director of the Post Traumatic Stress and Anxiety Disorders of the Cincinnati Veterans Administration Medical Center and Associate Professor at the University of Cincinnati. Co-author of "Cognitive Processing Therapy: Veterans/Military treatment manual"

Roksana Korchinsky, PhD

Military Sexual Trauma Coordinator/Staff Psychologist, VAPHS

### ***Conference Facilitator***

Deborah Mitchum, MSN, CRNP

Women Veteran Program Manager, VA Pittsburgh Healthcare System

\*\* For registration information and/or forms contact:  
Emily Klaczak 412-954-4585 or Emily.Klaczak@va.gov